

SEPTEMBER 4 – 29
2014

THE DETOX CHALLENGE

Restore your health, wellness, and vitality through this transformational detoxification experience led by expert Functional Medicine practitioners

Hosted by Functional Medicine nutritionist and researcher, Dr. Deanna Minich, in collaboration with



TAKE THE CHALLENGE

The Detox Challenge will provide you with a transformational detoxification experience, complete with instructional tools, guidance of knowledgeable practitioners, and the support of an inspirational community to cultivate health, wellness, and vitality in body, mind, and spirit.

WHAT'S IN IT FOR YOU

Take a colorful, nourishing journey, supporting you within a vibrant community to restore your health, wellness, and vitality.

- Daily instructional support
- Workbook and toolkit
- Audio recordings from expert practitioners to lead you through the detox
- Online support and Q&A led by Functional Medicine practitioners

RESULTS

At the end of the Detox Challenge, you will gain an understanding of how to prevent re-tox, along with finding a Functional Medicine practitioner you can work with long term on your health goals.

SIGN UP: Through your healthcare practitioner or through www.detoxsummit.com

We look forward to having you be part of The Detox Challenge Community!